Design brief for Tailored Divorce Support

1. My services:

* Specialist divorce support to suit your needs
* Pre-mediation coaching helping you prepare and achieve more positive outcomes to avoid going to court
* Collaborative law coaching to increase crucial skills so you can participate more constructively in negotiations
* Delivery of CDP Conflict Dynamics Profile giving you real feedback on the constructive and destructive behaviours you choose during conflict situations to facilitate more productive discussions
* Corporate Conflict Management Training

2. Some quotes:

“Often family and friends can try to influence decisions based on what they see as best, so you can feel under an enormous pressure to keep them happy. Coaching offers an objective and neutral sounding board there just for you."

”Even the most together person can be totally unprepared for the emotional overwhelm that divorce can bring, regardless if they are the one who made the decision to leave.”

“Every divorce is different and families going forward will be different. I try to get my client to see or find ways they can co-parent as opposed to being one of two single parents.”

“Everyone is different and move through these stages at their own pace"

3 . Testimonial

"After many cups of coffee and long hours of listening to me, my very good friend suggested I speak to Carolyn, a divorce coach. I was a bit skeptical, especially when a phone session was suggested.  
From my first phone session I felt empowered. It gave me a sense of direction, assisted me to set realistic goals and action plans. Most importantly it aided my self esteem.   
Divorce is overwhelming. Talking to a caring professional like Catherine helped me acknowledge my priorities and a way to achieve them. Thank you Catherine. " Rosana - Ccccccc, Smmmmm. AAA

4. Full details on my website ...............................................

or email: Catherine@......................................

5. Catherine ............   
CDC Certified Divorce Coach  
Cinergy Trained Conflict Coach  
Cert IV in Training & Assessment  
Accredited in CDP Conflict Dynamics Profile  
BA (Ind. Relations) (UVVV)

6.. I will provide full name and contact details when the contest has been awarded.

7. I want to get it printed on Vistaprint so am attaching their requirements BUT PLEASE CHECK LINK BELOW:

Full Bleed Size (starting document size)

102 x 213 mm

1204 x 2517 pixels

\* Finished artwork should use the full bleed dimensions for best results.

Document Trim Size (final size after being cut)&

99 x 210 mm

1169 x 2480 pixels

\* Please be sure to keep all text within the safe margin.

Resolution

300 DPI

This is the link so please check on above:

http://www.vistaprint.com.au/custom-flyers.aspx?txi=17752&xnid=TopNav\_Flyers+(Clone)+(linked+item)\_Marketing+Materials&xnav=TopNav#design-options

And click on **PRICE ESTIMATOR**